



Heroes and Heroines CIC



Heroes and Heroines Community Interest Company

Food and Drinks Policy

At Heroes and Heroines CIC, we prioritise the safety and well-being of all participants in our events. As part of our commitment to creating an inclusive and enjoyable environment, we have established the following policy regarding the bringing and sharing of food during our events:

1. **Individual Responsibility:** Participants are welcome to bring and consume their own food and drink during our events. However, it is the responsibility of each participant to be aware of any allergies or dietary restrictions they may have.
2. **Homemade Food Disclosure:** Homemade food items should not be shared between participants without full disclosure of ingredients. We recognise that some participants may have severe allergies or dietary restrictions, and it is imperative that all ingredients are clearly communicated to avoid any potential health risks.
3. **Allergy Awareness:** We understand that allergies can vary widely among individuals. Participants are encouraged to communicate any allergies or dietary restrictions they may have to event organisers and fellow participants. While we will take reasonable steps to accommodate these needs, we cannot guarantee an allergen-free environment due to the diverse nature of food brought by participants.
4. **Non-Required Participation:** Consumption of food or drink will never be a required part of participation in any event hosted by Heroes and Heroines CIC. Participants should never feel pressured to partake in any food-related activities if they do not wish to do so.
5. **Safe Handling Practices:** Participants are encouraged to practice safe food handling procedures when preparing and sharing food. This includes ensuring that food is stored and transported properly to prevent contamination and spoilage.
6. **Respect for Dietary Choices:** We promote respect for the dietary choices of all participants. While sharing food can be a communal and enjoyable experience, participants should be mindful of others' dietary preferences and restrictions.



7. **Event Organisers' Role:** Event organisers will endeavour to provide basic amenities for food storage and preparation, but ultimate responsibility for individual dietary needs rests with each participant. Organisers will also facilitate communication regarding food allergies and restrictions among participants to promote a safe and inclusive environment.
8. **Emergency Response:** In the event of a medical emergency related to food allergies or reactions, event organisers will follow established protocols and provide appropriate assistance. Participants are encouraged to carry any necessary medications (such as adrenaline auto-injectors) with them and to inform event organisers of any specific medical needs.

By adhering to these guidelines, we aim to foster a welcoming and inclusive environment where all participants can enjoy their LARP experience safely and comfortably. We appreciate the cooperation of all attendees in ensuring the success of this policy.

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Date of Policy Implementation: 2024-03-28